

Spring 2005



Education

**College Station Parks & Recreation Department
College Station Independent School District**



Education

*We Provide The
Good Things In Life*

Xtra is a cooperative joint adventure involving College Station Parks & Recreation Department and CSISD. We have worked together to produce the finest quality educational/recreational programs and made them available to you. Take a look at the Spring 2005 selection of courses and make choices to enhance the quality of your life. These creative activity programs are designed to give you quality educational activities that are fun and rewarding. All of our programs are conveniently scheduled during the evening hours to allow you to utilize leisure time for educational activities. We give no exams, grades, or degrees, but instead, we offer you the opportunity to learn and explore your special interests in a positive learning environment.

Class size is limited to insure class quality, so be sure to register early! Let us know if you have any suggestions for class offerings that you would like to see in the future. Please call us at 764-3486 for more information on our leisure learning educational programs.

Meet Our Staff

Program Director Dana Albrecht
Supervisor Jenny Hartsfield
Site Supervisor Randon Curlin

Info

Class space is limited to insure quality of classes. We want to provide a quality learning experience for you.

What

Quality leisure educational programs to enhance the quality of your life.

When

Registration begins January 18th from 8am - 5pm. Registration will continue until classes begin or fill.

Where

The Xtra Education Office is located in College Station Central Park in the Parks & Recreation office at 1000 Krenek Tap Road.

How

Register in person at the Parks & Recreation Department located in Central Park. Be sure to register early for the classes of your choice.

Who

All of our classes are open to anyone 13 years of age or older. We have classes designed just for seniors and some classes just for kids!

Why

Experience the good things in leisure learning programs. Register early to insure the classes of your choice.

Information

**Registration
Begins
January 18th**

Instructors Needed

Xtra Education is always seeking enthusiastic instructors with innovative ideas. We would like to be able to offer progressive classes that constantly challenge and explore. If you possess a skill or valuable knowledge that you would like to share with your community, be sure to contact us.

Call Xtra Education
CS Central Park **764-3486**
Paid instructor positions

Special Access Services

Call
CS Parks &
Recreation
at **764-3486**

and inform us of your special needs or circumstances. We will try to accommodate your needs.

Refund Policy

All customer initiated refunds **must** be requested a full **7 days prior** to the first scheduled class meeting. A **\$10.00** handling fee will be assessed to each requested class refund.

**For Info Call Us
979/764-3486**

General Information

Course Information

Xtra Education classes will be meeting at CSISD campus locations, and CS Park facilities. Some of our speciality classes will be meeting in local establishments that can furnish a more well-suited environment. Exact class locations are not posted with the class listings in this catalog. Class sites and room numbers are furnished to each patron upon registration for a specific class. This helps us to guarantee you the quality program that you deserve.

Supplies and Textbooks

We strive to keep the cost of our educational programs as low as possible and strive to ensure the quality of programming offered to you. Your class receipt will include the specific information as to what is needed before each class begins. Some arts & crafts classes will have a supply list per student. Unless otherwise stated, supplies and textbooks are not included in the course fee. Some classes will have an in-class fee, as noted in the course descriptions, to cover materials.

Liabilities

Xtra Education exercises great care when selecting instructors and class locations. Our class leaders and instructors are both knowledgeable and competent. We make no guarantees, expressed or implied, that classroom instruction will result in specific gain. We cannot be held responsible for any loss, material or otherwise, incurred while following an instructor's directions. Xtra Ed is not responsible for any personal property left at any class site. Students take classes at their own risk. Neither Xtra Education, City of College Station, CSISD, TAMU nor any of its agents is liable for any injury you may sustain during your participation in our programs.

Cancelled Classes

Xtra Education reserves the right to cancel classes, change times or locations, and substitute instructors as deemed necessary by our director. Classes will be cancelled the morning of the scheduled start date if the minimum enrollment numbers are not met. Register early for classes.

Refunds and Transfers

Full refunds are available for classes that are cancelled by Xtra Education due to low enrollment. Customer requested refunds must be requested a full 7 days prior to the start date of the class. A \$10 processing fee will be charged for customer requested refunds. Refunds for fees take 2 weeks for processing and mailing. If you withdraw from a class less than 7 calendar days prior to the class start date, you will NOT be eligible for a refund. If you are unhappy with your selected course after completion, please write a letter to our director specifying your reasons for dissatisfaction with the course. You must submit your request in writing within 14 days after the course's completion. We want to provide you with quality educational programs. Your input is always important to us!

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Can You Teach For Xtra Education ?

Xtra Education Needs You ! We are always looking for new course ideas and input from our community. If you have a talent or skill that you would like to share, be sure to contact us at 764-3486. Share your skills and talents with your community.

Spanish I

The most practical of all foreign languages for anyone living close to the border. This beginning level class will focus on communication, conversation, class dialogue, grammar, vocabulary, and proper pronunciation of the Spanish language. All class materials are provided and no previous foreign language experience is required for this beginner class.

Section A

M/W, Jan 31 - March 9

6-7:30pm

\$75 class fee

Section B

M/W, March 28 - May 9

6-7:30pm

\$75 class fee

Section C

T/Th, Feb 8 - March 10

1-2:30pm

\$75 class fee

Section D

T/Th, March 29 - Apr 28

1-2:30pm

\$75 class fee

Spanish II

A more in depth class designed for those who have previous Spanish language training or as a continuation of beginning Spanish. This class will provide more emphasis on pronunciation, extended vocabulary, and grammar.

M/W, Jan 31 - March 9

7:30-9pm

\$75 class fee

Spanish Verbs

A specialty class designed for intermediate Spanish students that want to more fully explore various verb conjugations. Students that register for this class must have completed the Spanish I or have a level of understanding.

M/W, March 28 - May 9

7:30-9pm

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\$75 class fee

LANGUAGES

SPEAK TO THE WORLD

Spanish for Kids

A beginner's level Spanish class taught especially for children. Class will cover vocabulary, basic grammar, pronunciation and listening skills. Sections for either K-2nd or 3rd - 4th grade levels. Space is limited, so register early.

Mon. Jan 31 - May 2

Southwood Valley Elem School

K-2 3:30-4pm

3-4 4:15-4:45pm

Tues. Feb 1 - April 26

South Knoll Elementary School

K-2 3:30-4pm

3-4 4:15-4:45pm

Wed. Feb 2 - April 27

Pebble Creek Elementary School

K-2 3:30-4pm

3-4 4:15-4:45pm

Thurs. Feb 3 - April 28

Rock Prairie Elementary School

K-2 3:30-4pm

3-4 4:15-4:45pm

\$100 class fee

French

Have you been planning to learn French or maybe travel abroad? Make your trip more pleasant and get a jump on those academic language classes. Dedicate yourself to the adventure of learning this romantic and beautiful language. No previous foreign language experience is required.

T/Th, Feb 1 - March 10

6:30-8pm

\$65 class fee

Japanese I

This class is an introduction into the Japanese language and an insight into the interesting Japanese culture. The instructor is fluent in both the English and Japanese languages and has life experience with the daily culture. The last class will be the presentation of an authentic Japanese Tea ceremony.

M/W, Jan 31 - March 7

6-7:30pm

\$65 class fee

Japanese II

A continuation of Japanese just for those of you with previous knowledge.

M/W, March 21 - May 2

7:30-9pm

\$65 class fee

German

A beginner's course for those who want to learn to speak the German language. Discover the grammar patterns, vocabulary, verb conjugation, and pronunciation. No previous German language skills are required for this beginner class.

Dates TBA

6:30-8pm

\$65 class fee

Sign Language I

Sign language allows for complete communication within the world of the hearing impaired. This course is designed to help you learn signing and communication techniques needed to communicate in the silent world.

M/W, Feb 7 - March 9

6:30-8:30pm

\$65 class fee

Sign Language II

A continuation of sign language just for those of you with previous knowledge.

M/W, March 28 - May 2

6:30-8:30pm

\$65 class fee

Country and Western Dance I

Dust off those boots and learn all the basics of the Texas two-step, Polka, and Waltz. This class is designed for beginners who want to learn to C&W dance. A great way to meet lots of new people and learn to dance in a comfortable and relaxed atmosphere. Singles or couples are welcome to sign up for a class load of fun.

Section A

Mon. Feb 7, 14, 21, 28
6-7:30pm

Section B

Mon. March 28, April 4, 18, 25
6-7:30pm

\$25 class fee

Country & Western Dance II

Go two steps further and polish up those newly learned dance steps. Try out the cowboy cha cha, new moves with the polka and waltz and work on some open and closed jitterbug moves. Basic C&W dance steps required.

Mon. March 28, April 4, 18, 25
7:30-9pm

\$25 class fee

Jitterbug

Don't just sit there on the side and watch all the action, be the hit of the dance floor. Start out with the basic steps and then progress at your own pace to the latest moves that you see on the dance floor. Learn the turns, twists and dips to light up the dance floor.

Mon. Feb 7, 14, 21, 28
7:30-9pm

\$25 class fee

Ballroom Dance

Polish up those dancing shoes and learn the basics of all of the traditional ballroom dances. This dance class will cover the basic steps of the waltz, fox trot, tango, cha cha, and rumba.

Thurs. Feb 10, 17, 24, March 3
6-7:30pm

\$25 class fee

DANCE

STEP BY STEP

Swing Dance

Big Band, rock, soul, oldies or country--no matter what kind of music you like, you can dance the Swing to it. Swing is done as a one count, two count, or triple rock step. You will learn the basic steps, spins, and turns to get you dancing to your favorite music. This is the latest dance craze.

Thurs. March 31, April 7, 14, 21
7:30-9pm

\$25 class fee

Bellydance

Middle Eastern bellydance is a beautiful art form as well as great exercise for everyone. This class will cover the basic bellydance movements and styles. Learn to move with grace, charm and control.

Section A

Mon. Jan 24 - Feb 21
6-7:30pm

\$45 class fee

Section B

Mon. March 21 - April 18
6-7:30pm

\$45 class fee

Ladies Fitness

A comfortable fitness class in a private studio with all that is needed for a basic body workout. Class includes cardio walking, step box, open work stations, and hand weights for toning.

T/Th, Feb 1 - Feb 24
10-11am

\$35 class fee

Adult Ballet Dance I

A beginner level class for high school through adults. Classical ballet taught with the Cecchetti methods. This class is for toning through proper ballet technique with emphasis on Ballet Barre work. No experience necessary.

Mon. Feb 7 - Feb 28

5:30-6:30pm

\$30 class fee

Adult Ballet Dance II

An intermediate level class for high school through adults. Classical ballet taught with the Cecchetti methods.

Wed. Feb 2 - Feb 23

5:30-6:30pm

\$30 class fee

Adult Jazz Dance

Learn the basics of Jazz dance in a class for beginner adults. Basic rhythm, movement and coordination are taught using pop/hip-hop music.

Wed. Feb 2 - Feb 23

6:30-7:15

\$30 class fee

Adult Tap Dance

Learn the basics of Tap dance in a class for beginner adults. Beginner tap is taught using a graded tap method.

Mon. Feb 7 - Feb 28

6:30-7:15pm

\$30 class fee

Jazz Dance (9-12 yrs)

An introduction to basic rhythm, movement and coordination taught using pop music in a fun and energetic atmosphere. No experience needed.

Mon. Feb 7 - Feb 28

4:30-5:30pm

\$30 class fee

Creative Movement

A class for children (ages 4-7) to discover the excitement of the world of dance. Sing song dance will be to introduce basic dance steps.

M/W, Jan 31 - Feb 23

4-4:30pm

\$30 class fee

SPECIALTY SENIOR CLASSES

All of these enrichment classes are designed with seniors in mind, but open to anyone that is interested in attending. Call the Senior Services Coordinator at 764-6371 for more information.

Bridge 101

Come join the fun and learn the game of bridge. This class is designed especially for beginners and is taught in a fun way to learn the game of bridge.

Tues. Feb 1 - April 12
9:30-11:30am
\$30 class fee

Writing Memoirs

This course is designed for ordinary people that wish to write their reminiscences, life stories and document events of the past.

Tues. Feb 22 - April 5
2-4pm
\$35 class fee

Ballroom Dances

Join us for a ballroom dance event. All types of ballroom music will be played for you to dance the night away.

Thurs. Feb 10 & May 12
7-9:30pm
\$5 event fee

Internet & E-Mail

Section A T/Th, March 8, 10
9-10:30am

Section B T/Th, March 8, 10
10:45am-12:15pm

Section C T/Th, May 17, 19
9-10:30am

Section D T/Th, May 17, 19
10:45am-12:15pm
\$25 class fee

Senior EXPO 2005

All seniors are invited to attend the 2005 Senior Expo at the Brazos Center. Informational seminars, product booths, entertainment, food and door prizes are all part of the fun. All topics are areas of interest to seniors.

Wed. May 25
9am - 3pm Brazos Center
Free for All

Computers 101

Now is certainly the time to discover computers. We have geared a beginner computer class to run at your pace.

Section A M/W, Jan 24 - Feb 9
9-10:30am

Section B M/W, Jan 24 - Feb 9
10:45am-12:15pm

Section C M/W, Feb 14 - March 2
9-10:30am

Section D M/W, Feb 14 - March 2
10:45am-12:15pm

Section E M/W, April 4 - April 20
9-10:30am

Section F M/W, April 4 - April 20
10:45am-12:15pm

Section G M/W, April 25 - May 11
9-10:30am

Section H M/W, April 25 - May 11
10:45am-12:15pm
\$45 class fee

Computers 102

The next step in continuing your computer training. Basic skills are required

Section A T/Th, Jan 25 - Feb 10
9-10:30am

Section B T/Th, Jan 25 - Feb 10
10:45am-12:15pm

Section C T/Th, Feb 15 - March 3
9-10:30am

Section D T/Th, Feb 15 - March 3
10:45am-12:15pm

Section E T/Th, April 5 - April 21
9-10:30am

Section F T/Th, April 5 - April 21
10:45am-12:15pm

Section G T/Th, April 26 - May 12
9-10:30am

Section H T/Th, April 26 - May 12
10:45am-12:15pm
\$45 class fee

Comp User Tips

Section A T/Th, March 7, 9
9-10:30am

Section B T/Th, March 7, 9
10:45am-12:15pm

Section C M/W, May 16, 18
9-10:30am

Section D M/W, May 16, 18
10:45am-12:15pm
\$25 class fee

Computer Club

Wed. Feb 9, March 9, April 13,
May 11, June 8
9-10:30am

Free for All

Club meets at the CS Public Utilities Department at 1601 Graham Road.

Genealogy

Discover the fun of family history and learn how to solve the mystery of your family's origin and past history. The beginner genealogist will be introduced to several methods of research.

Tues. Dates TBA
9-11:30am
\$25 class fee

Intro to Archaeology

An introduction for the hobbyist to the methods of field excavations, data preservation and handling of artifacts in the field. Interesting exploration.

Mon. Dates TBA
9-11:30am
\$30 class fee

Senior Day at the Capital of Texas

Get on board a **free** chartered bus and travel to the state capital with other seniors. Celebrate the contributions of seniors to the state of Texas. Call 764-6371 to make your reservations. Lunch will be on your own.

Crochet

Learn the basic crochet stitches and practice putting it all together. Learn how to read patterns and select projects. No previous experience is necessary. In class fee \$5 for supplies

Sec A & B Mon. Jan 31, Feb 7
2-4pm or 7-9pm

Sec C & D Mon. April 11, 18
2-4pm or 7-9pm

\$20 class fee

Silk Ribbon Embroidery

Learn a new technique using all the traditional embroidery stitches. The stitches are created with silk ribbons and traditional threads. A beautiful, creative needlework stitch that can be applied in many projects. Supply list.

Sec A & B Mon. April 4
2-4pm or 7-9pm

\$15 class fee

Shuttle Tatting

Learn this almost lost method of making beautiful lace. Create something so beautiful that it will become an heirloom. In class fee \$10 for supplies.

Sec A & B Mon. Feb 14, 21
2-5pm or 6:30-9:30pm

Sec C & D Mon. April 25, May 2
2-5pm or 6:30-9:30pm

\$20 class fee

Spinning

Introduction to spinning your own yarn using a drop spindle. All equipment and supplies are provided for this class with a \$10 in class fee.

Sec A & B Mon. March 28
2-4pm or 7-9pm

\$15 class fee

Knitting

Learn the basic stitches and construction methods of knitting. Learn the skills to enable you to create sweaters, blankets, baby clothes or afghans. In class fee of \$5 for supplies.

Sec A & B Mon. Feb 28, March 7
2-4pm or 7-9pm

\$20 class fee

CRAFTS

PINS AND NEEDLES

Quilting I

Learn the techniques for creating a sampler quilt which includes five basic quilt blocks. Skills learned will include fabric selection, rotary cutting and piecing. Supply list at the first class.

Thurs. Feb 10 - March 24
6-9pm

\$55 class fee

Quilting II

This class is for experienced beginners. Construction of a table runner/wallhanging will provide the opportunity to expand piecing skills, apply borders, layer and baste, bind, and quilt. First class is from 10am-11am to discuss material and supplies.

Tues. Feb 1 - March 8
9am-12noon

\$55 class fee

Swedish Weaving

Learn to use even-weave fabric and yarn to create a wide range of designs. Each design is based on a single embroidery stitch. In class fee of \$5 for supplies

Sec A & B Mon. March 21
2-4pm or 7-9pm

\$15 class fee

Hand Loom Weaving

Learn to loom weave with a hand-held weavette loom that fits in the palm of your hand. Use a loom to create swatches that can be assembled into afghans, pillows and other decorative items. The in class fee of \$22 covers the cost of the loom for each student.

Tues. Feb 15
6-9pm

\$15 class fee

Quilt Project Classes

Basic cutting and quilting knowledge is required for these project classes.

Limeade Quilt

Super easy, fun, fast quilt class that will use 6 1/2" squares of fabric.

Mon. Jan 31, Feb 7, 14 6-9pm

\$35 class fee

Glad For Plaid

An easy class to construct a quilt using plaid fat quarters or any other prints.

Mon. Feb 21, 28, March 7 6-9pm

\$35 class fee

Quilted Placemats

Quilt your project first, then you assemble the finished product. A completely reversible quilted placemat.

Mon. March 21, 28, Apr 4 6-9pm

\$35 class fee

Color by the Yard

A super simple strip pieced quilt with a series of interesting borders.

Mon. April 11, 18, 25 6-9pm

\$25 class fee

Magic Carpet Quilts

Cutting and assembly are so quick with this method that it is magic when TWO quilts appear. An extra one to share.

Mon. May 2, 9, 16 6-9pm

\$35 class fee

Sewing 101

A Techniques Class

A sewing techniques class for beginners. This class is taught at Sew Vac City with all sewing machines being furnished for class use. Learn basic techniques for sewing clothes and home decoration items. This is not a project class but you will go home with samples of basics techniques. In class fee of \$5 for kits. A supply list is available at the first class meeting.

Mon. Feb 21 - April 4
6-9pm

\$85 class fee

Floral Arranging

A great course for those of you who are interested in either silk or dried flower arranging. Emphasis will be in the areas of color coordination, material selection, principles of floral design, and drying techniques. A supply list is available at registration.

Wed. Feb 2, 9, 16
1-4pm or 6-9pm
\$30 class fee

Making Mosaics

Explore the process of making a mosaic tile creation. This class will create a mosaic table top to learn the step by step process of working with mosaic tiles. Supplies, tools and materials will be discussed during the first class.

Tues. Feb 8 - March 1
6:30-8:30pm
\$30 class fee

Wedding Floral Design Techniques

Get hands on instruction and great ideas to do your own wedding flowers. Class will cover table arrangements, decorations, and bridal party flowers. This class will work with both live and silk flowers. A great way to save money and be able to add personal touches to the entire array of wedding floral accents. Supplies will be discussed during the first class.

Wed. Feb 23, March 2
1-4pm or 6-9pm
\$25 class fee

Mosaic Flower Pots

Put together mosaic tiles, pottery pieces and odds and ends to create fun flower pots for your patio or garden. The techniques learned can apply to mirrors, tables tops and more. Some supplies are included and a supply list is available at registration.

Wed. April 13, 20
1-4pm or 6-9pm
\$30 class fee

CRAFTS

CRAFTY CREATIVE ENDEAVORS

Spring Floral Design

A one night workshop to create a silk seasonal spring center piece or floral arrangement for a special occasion. Select your own theme, design and color scheme for a truly individual creation. Supply list at registration.

Wed. March 23
1-4pm or 6-9pm
\$25 class fee

Designer Rugs

Use strips of various fabrics of your choosing and create an accent piece especially for your home. Each rug is an individual creation and can be made to fit any color scheme or room decor.

Wed. March 30, April 6
1-4pm or 6-9pm
\$30 class fee

Potpourri

Create your own potpourri using dried flowers, herbs and spices. We will make potpourri in class and several recipes will be shared to enable you to make your own at home.

Wed. April 27
1-3pm or 6-8pm
\$20 class fee

Beaded Containers

Create your own beaded wire candle holders, bud vases, jars or other containers. Learn beading techniques to make your own luminaries for your back yard or patio. The possibilities are endless. Supply list at registration.

Wed. March 9
1-4pm or 6-9pm
\$25 class fee

Perfumes by You

Learn how to make your own perfumes by using natural ingredients and blending several organic components. Great fun and a great way to create your own signature scent that is like no other commercial perfume. There is an in class fee of \$4 for supplies.

Wed. March 2
7-9pm
\$15 class fee

Soap Making

Learn how to make your own soaps by using an easy kitchen method. You can control the additives and scents to create a specialty soap just for you. In class fee of \$4 for supplies.

Section A Wed. Feb 2
6-9pm
\$25 class fee

Section B Wed. March 30
6-9pm
\$25 class fee

Homemade Toiletries

Learn how to make your own toiletry items such as lotions, bath oils, toners and face masks. There is an in class fee of \$6 for handouts, ingredients and finished product containers.

Section A Wed. Feb 16
6-9pm
\$15 class fee

Section B Wed. April 6
6-9pm
\$15 class fee

Faux Finishes

Go ahead and try it !Try this class to learn all the newest finishing techniques. Discover the processes for sponging, ragging, color washing, dragging, and stenciling. Great ideas for all your decorating and home interior remodeling projects.

Tues. Dates TBA
7-9pm
\$35 class fee

The Art of Stained Glass

Create your own beautiful stained glass artwork. This class is geared toward individual interests and budgets. You will learn glass cutting, foil wrapping, and soldering. All stained glass art tools are available for in class use. Each student must purchase their own project glass and foil supplies.

Section A

Tues. Feb 8 - March 8

2-5pm

\$70 class fee

Section B

Tues. Feb 8 - March 8

6-9pm

\$70 class fee

Candle Making Made Easy

Learn to make candles in your own kitchen. This course will cover the making of pillar, votive and container style candles. A variety of aromas and scents will also be introduced. A great class to learn to make candles for yourself or for others. Limited space.

Section A

M/W, Feb 7 - Feb 23

8-10pm

\$35 class fee

Section B

M/W, March 21 - April 6

8-10pm

\$35 class fee

Balloon Animals Clown Style

Discover the basics of balloon blowing, tying and twisting of the balloons into artistic creations. Balloons, air pumps and lots of creative ideas are furnished for this class. Come out and enjoy a clowning art. You could be the hit of any party or just clown around.

Mon. Feb 7

6:30-8:30pm

\$20 class fee

CRAFTS

CRAFTY CREATIVE ENDEAVORS

Jewelry Making Beading & Weaving

A beginners class to discover the many uses of beads, bead stringing, and bead weaving to make creative jewelry. All of the materials and the tools of beading will be explored. Students will learn the skills of wire crimping, loop making and off loom bead weaving. A list of required materials will be provided at the first class meeting.

Section A

Wed. Feb 2 - March 30

6-9pm

Section B

Wed. April 6 - May 25

6-9pm

Section C

Tues. Feb 8 - April 5

12noon - 3pm

\$45 class fee

Italian Pizza Basics Made Easy at Home

Imagine making delicious homemade host crusty pizza in about the same time it takes to order from the pizza man. This class will show you how to make a great pizza dough using a food processor and also by hand. Learn how assemble Italian and gourmet toppings.

Section A Thurs. Feb 3

6:30-8:30pm

\$25 class fee

Section B Wed. April 6 - May 25

6:30-8:30pm

\$25 class fee

Calligraphy I The Art of Writing

Explore the world of fine writing and develop your own flair for artistic lettering. Learn the basics of several writing styles and calligraphy types for invitations, poetry and special documents. Supply list at registration.

Tues. Feb 1 - March 22

7-9pm

\$45 class fee

Calligraphy II

Take your new skills of fine writing to a higher level. Develop your own personal style. Each student will work on an individual project for the duration of the class.

Tues. March 29 - May 3

7-9pm

\$45 class fee

Sewing 101 A Techniques Class

A sewing techniques class for beginners. This class is taught at Sew Vac City with all sewing machines being furnished for class use. Learn basic techniques for sewing clothes and home decoration items. This is not a project class but you will go home with samples of basics techniques. In class fee of \$5 for kits. A supply list is available at the first class meeting.

Mon. Feb 21 - April 4

6-9pm

\$85 class fee

Seasonal Silk Design Workshop

Join Heirloom specialist Barbara Hardy as she will discuss and demonstrate the design principals with silk flowers. This workshop will use a different seasonal theme while using fruits and vegetables from the garden.

Wed. April 27

7-8:30pm

\$15 class fee

Basics of Investing

This course is designed for novice investors or those just wanting to get started. The course begins with very basic concepts such as goal setting and risk evaluation. The student is introduced to stocks, bonds, mutual funds, and options. Emphasis is placed on practical understanding.

Wed. Feb 9 - March 9

7-8:30pm

\$30 class fee

Want To Be A Clown?

Did you ever want to run away and join the circus? Well now is your chance to fulfill that childhood dream to be a clown. Learn how to dress, apply makeup, create skits, mannerisms and develop your own clown persona.

Mon. Feb 21 - April 4

6:30-8:30pm

\$35 class fee

Self Defense

Learn to go through life with a level of self confidence and self assuredness. Discover many ways to keep yourself safe and discover how to avoid getting into dangerous situations. Learn the moves, defenses and GET methods to protect yourself from aggression.

Section A Wed. Feb 9, 16

6-7:30pm

Section B Wed. March 2, 9

6-7:30pm

\$20 class fee

Alpacas in Texas?

Can you make a living with Alpacas? Can they thrive in Texas? Are they easy to raise? How much do they cost? Answer all of your questions and learn all the ins and outs from local ranchers. A follow-up visit at Roberts Alpaca ranch is also included in class.

Wed. March 2

6-9pm

10 **\$20 class fee**

SPECIAL

ENHANCE YOUR LIFE

Invest in Your Debt

Learn how to pay off your debts including student loans, credit cards, car payments and consumer debt in one to three years. You can then completely own your own home in another three to five years. Discover how to become financially independent regardless of your income level. Find out why the mortgage tax deduction is a farce. Use an easy linear math, variable path methodology to eliminate your debts the fastest way possible and enable yourself to live 100 percent on cash. Bring a calculator and a list of your financial obligations to class to develop your own personal debt elimination plan. This is a learning seminar, no get rich schemes will be presented. Optional books are available for purchase during class.

Section A Tues. Feb 8

6-9pm

Section B Tues. March 22

6-9pm

\$40 class fee (\$60 fee per couple)

How to Buy A House

Explore the pathway to the purchase of your new home. This class will introduce you to the world of lenders, mortgage companies, inspectors and Realtors. Visit with a group of professionals to learn some cost saving do's and don'ts for buying a home.

Sat. March 5

1-4pm

\$20 class fee

Massage for Couples

Learn the healing powers of massage. This class for couples will introduce the basics of massage techniques for the purpose of relaxation. Discover how to use massage to relieve common ailments such as head aches, stiff neck and shoulders, muscle aches, and body tension. Instructor will demonstrate basic movements and strokes that will enable you to produce the benefits of massage therapy with your partner. Wear comfortable clothing to each class session.

Section A T/Th, Feb 1, 3

7-9:30pm

Section B T/Th, March 22, 24

7-9:30pm

Section C T/Th, April 5, 7

7-9:30pm

Section D T/Th, May 3, 5

7-9:30pm

\$35 class fee

Karate

Karate is an efficient self defense system. Shorin-Ryu karate emphasizes the spiritual, mental and physical growth of an individual. The core attitude is one of self control and character improvement. This multilevel class progresses from basic methods to defense movements.

T/Th, Feb 1 - March 10

6:30-8pm

\$65 class fee

Running on Empty

The untold truth - What you need to know about nutritional deficiency. This class explores why so many people are tired, sick, and overweight. We will discuss why inflammation is the root cause of chronic disease and students will learn the 7 pillars of prevention.

Section A Thurs. Jan 27

6:30 - 8pm

Section B Thurs. April 21

6:30-8pm

\$15 class fee

Messina Hof Welcomes YOU!

Messina Hof Winery and The Vintage House will be your host for these educational food preparation classes and wine discovery seminars. Put on your apron and head over to Messina Hof Winery for all the how-to's you will ever need for cooking! You will appreciate the huge array of tips, tricks, special recipes, techniques, spices, tools and insights. Gourmet food preparations will be paired with world class wine selections! Come out for an enjoyable evening of learning!

Aphrodisiacs For Valentine's Day

A cooking party with the chef. Whether you are cooking for the one you love, cooking with the one you love, or cooking to catch the one you love, this class will bring heart-melting dishes to the table for this upcoming Valentine's Day.

Thurs. Feb 3
6:30-8:30pm
\$40 class fee

Saveur Magazine Italian Classics

Join Saveur magazine on an appetite inspiring journey through the trattorias and farmhouses of Italy. Learn time honored traditions used to prepare a complete menu of heartwarming Italian classics. From the glorious simple fare of the home kitchens of Bologna to the rich desserts and strong coffee of Venice cafes. This exciting class will take you on a historical exploration of Italy's varied culinary repertoire. The class will include a Saveur tote bag with discounts, samples, a special publication, an apron, a full color recipe booklet and a complimentary subscription to Saveur magazine for one year.

Thurs. March 10
6:30-8:30pm
\$65 class fee

SPECIAL

MESSINA HOF WINERY & RESORT

Romantic Grilling

A couples cooking party with the chef. Cooking together is fun if you are newly married or celebrating your 50th anniversary. This class will give you and your special someone some extra time to spend together while you learn some skills and ideas you can use to dazzle your guests the next time you entertain.

Thurs. April 14
6:30-8:30pm
\$40 class fee

Saveur Magazine French Classics

Come to a party with the chef as we celebrate the Bonariggo's wedding anniversary. Share this special night with the Vintage House and the Bonnarigos. Join Saveur magazine on an exploration of authentic French cuisine. Discover the techniques necessary to prepare a complete menu of delicious French classics. From the bistros of Paris to the farmhouses of Burgundy, this exciting class will take you on a historical journey of the regions and rituals that have made French food the basis for all other cuisine. The class will include a Saveur tote bag with discounts, samples, a special publication, an apron, a full color recipe booklet and a complimentary subscription to Saveur magazine for one year.

Thurs. May 5
6:30-8:30pm
\$65 class fee

Wine Discovery Series

Paul Bonarrigo and Messina Hof Winery will guide you through a tasting tour of wines from various regions of the world. Experience and understand the differences in wine types and flavors and learn to coordinate your dinner entrees and wine selections. Class participants must be 21 years of age.

Romantic Reds

Merlot, Cabernet Sauvignon, Shiraz, Gamay Beaujolais and Red Zinfandel. Red wine has traditionally been known as wine for lovers. When you put a lovely red wine in your mouth, your lips can not control themselves...they form the perfect kiss.....The romantic reds are paired with delicious cheeses.

Tues. Feb 8
7-8:30pm
\$20 class fee

Sparkling Wines & Champagne

The great sparkling wines of the world....the wine of celebration. Effervescent bubbles dancing in a perfect wine flute....Entertaining with sparkling wine makes any meal festive.

Tues. Feb 22
7-8:30pm
\$20 class fee

Wines of Tuscany

The romance of Tuscany and the delicacy of the wines enhance and grace any meat or pasta dish. Explore Chianti, Barola, Barbara, Pinot Grigio.

Tues. March 8
7-8:30pm
\$20 class fee

Wines for Easter

The wines of spring are slightly sweet and very flavorful to be served with ham and Easter treats.

Tues. March 22
7-8:30pm
\$20 class fee

Drawing

Develop your hidden artistic talents. This class is designed to allow each individual to work at their own pace. Work with still-life, shade and shadow and depth studies.

Section A Thurs. Feb 3 - March 10
7-9pm

\$40 class fee

Section B Thurs. March 24 - April 28
7-9pm

\$40 class fee

Painting

Examine the basics of painting using a variety of acrylic techniques. Instruction will include materials, color mixing light and shadows, paint application, and finishing techniques. This class is designed for all levels of artistic ability.

Section A Tues. Feb 1 - March 8
6-9pm

\$45 class fee

Section B Tues. March 29 - May 3
6-9pm

\$45 class fee

Human Figure Drawing

This class is for seasoned mature artists only. This course will cover all the aspects of the art of drawing the natural human figure. Each of these studio sessions will utilize a series of live models for artistic human figure study. Must be 18 to register.

Tues. March 22 - April 26
6-9pm

\$80 class fee

Watercolor

A study of the basic watercolor techniques suited for the beginner. Learn various watercolor wash and brush stroke techniques. Explore all of the possibilities of color hues and values.

Section A Thurs. Feb 3 - March 10
6-9pm

Section B Thurs. March 31 - May 5
6-9pm

12 **\$45 class fee**

FINE ARTS

ART AND MUSIC

Portrait Drawing

Learn the basics for drawing portraits. Work towards capturing a likeness with proportion, perspective, lighting, value, shading, and measuring. Draw from master drawings, photographs and real life.

Section A

Wed. Feb 2 - March 9
7-9pm

Section B

Wed. March 30 - May 4
7-9pm

\$40 class fee

Guitar I

This is an introductory course for the beginner who has never before picked up a guitar and also for those of you who can strum the basic chords. This course introduces you to basic chords, music theory and reading. Bring an acoustic guitar to class.

Section A Wed. Feb 2 - March 9
7:30-8:30pm

Section B Wed. Feb 2 - March 9
8:30-9:30pm

Section C Wed. March 30 - May 4
7:30-8:30pm

\$75 class fee

Guitar II

This course is for those who have completed Guitar I or who already have basic guitar skills, simple chords, and music reading skills.

Wed. March 30 - May 4
8:30-9:30pm

\$75 class fee

Photography I

A class for nonprofessional photographers who wish to improve their photos through hands-on experience and guidance. Discover how to maximize your photos with concentration on subject, composition, perspective, and overall photo impact. Explore still photos, scenic, candid, portraits and architectural photography. This class will utilize film and digital cameras.

Sect A Thurs. Feb 3, 10, 17, 24
6:30-8:30pm

\$35 class fee

Sect B Thurs. March 3, 10, 24, 31
6:30-8:30pm

\$35 class fee

Photography II

This course is for those of you who want to know more than the basics of camera operation. Class will cover proper lighting, poses, action events, still-life, after dark photography, close-ups, portraits, and travel photography. Basic photography skills with film or digital cameras required.

Thurs. April 7, 14, 21, 28
6:30-8:30pm

\$35 class fee

Power Performance

Address your stage fright. This class will teach you how to have a successful stage presence. Tighten up your presentation. Young and old, all musical instruments, auditions, public speaking, singing. All vocal performances can be enhanced with this class.

Wed. April 20 - May 18
6:30-7:30pm

\$45 class fee

Violin Lessons

Learn to play the violin. Come to the first class to find out about a rental program for an instrument, then begin your learning experience.

Wed. April 20 - May 18
7:30-9pm

\$45 class fee

Intro to Windows

Discover your computer in plain terms and simple language. Learn the components of the PC, basic terminology, and software applications. Practice basic functions and develop confidence for learning software programs.

Sect A M/W, Jan 31, Feb 2, 7, 9
6-7:30pm

Sect B T/Th, Feb 15, 17, 22, 24
7:30-9pm

Sect C T/Th, March 22, 24, 29, 31
6-7:30pm

\$50 class fee

MS Office Overview

This Microsoft Office overview course is designed to give you a good look at all of the individual aspects of MS Office package. MS Word, MS Excel, Power Point and much more.

Sect A T/Th, Feb 15, 17, 22, 24
7:30-9pm

Sect B M/W, Mar 28, 30, Apr 4, 6
6-7:30pm

\$50 class fee

PC Security

How to protect your PC in 3 easy steps. Explore internet firewalls, computer updates, and the latest virus protection software. We will discuss spyware, the use of pop-up blockers, and how to transmit secure data.

M/W, Feb 28, March 2
6-7:30pm

\$50 class fee

MS Excel

This spreadsheet class will teach the basic techniques of entering, moving, manipulating and copying data. Create worksheets that incorporate charts, formulas, data and functions.

Sect A M/W, Feb 14, 16, 21, 23
7:30-9pm

\$50 class fee

Sect B T/Th, Mar 28, 30 April 4, 6
7:30-9pm

\$50 class fee

COMPUTERS

TECHNO TRAINING

MS Word

This is a word processing software course. Learn how to create and enter text, navigate and edit, format pages, and create tables, save, retrieve documents, insert files and use graphics.

Sect A M/W, Jan 31, Feb 2, 7, 9
6-7:30pm

Sect B M/W, Feb 28, March 2, 7, 9
7:30-9pm

Sect C T/Th, March 22, 24, 29, 31
6-7:30pm

Sect D T/Th, April 19, 21, 26, 28
6-7:30pm

\$50 class fee

Explore Digital Camera Software

Discover easy software that is available for you to use for your digital photography. Learn to use all of the advantages of digital photography.

Section A Wed. Feb 9
6-9pm

Section B Wed. March 30
6-9pm

\$35 class fee

AutoCAD

An introductory course for new CAD users. In this course we will explore all the basic aspects of the AutoCad 2000 program. Learn to create and dimension drawings in a production setting. Requires basic computer user skills.

Sect A TWTh, Feb 1 - Feb 24
6-8pm

Sect B TWTh, April 5 - April 28
6-8pm

\$150 class fee

How to Buy & Sell On the Internet

Discover how to buy and sell utilizing the internet resources. Discover the ins and outs of success and pick up lots of helpful tips to save you money.

Section A Wed. Feb 2
6-9pm

Section B Wed. March 23
6-9pm

Section C Wed. May 4
6-9pm

\$25 class fee

Adobe Photoshop

Discover the darkroom inside your computer with this Photoshop class. You'll learn pixels, editing, masking, cloning and so much more. Basic computer skills required for this class.

Sect A Mon. Feb 7, 14, 21, 28
6-8pm

Sect B Mon. Mar 28, Apr 4, 18, 25
6-8pm

\$75 class fee

Web Page Publishing

Learn how to create your own web pages. Write HTML files, link to other local files and web pages, and embed graphics into your own web page.

Level I
Wed. Feb 16, 23, Mar 2, 9
6-9pm

Level II
Wed. April 6, 13, 20, 27
6-9pm

\$65 class fee

Power Point

A must for anyone that is responsible for group presentations. Learn the basics of creating a presentation in the Windows environment. Create title and bullet slides, use drawing tools and various presentation options.

Sect A M/W, Feb 14, 16, 21, 23
6-7:30pm

Sect B T/Th, April 5, 7, 12, 14
6-7:30pm

\$50 class fee

Puppy Obedience K9 Kindergarten

A beginning obedience class for puppies that are at least 12 weeks of age. Learn how to teach your puppy the basics of dog obedience. All puppies must have proof of vaccination.

Do not bring dogs to first class.

Section A

Sun. March 6 - May 22

5-6pm

\$75 class fee

Section B

Thurs. March 10 - May 26

5-6pm

\$75 class fee

Dog Obedience I

Our obedience class for adult dogs (over 1 year) teaches you how to train your dog to be well-mannered. Exercises include: lead walking, greetings, and basic sit, stay, and come commands. Positive pet training method.

Do not bring dog to first class.

Section A

Sun. March 6 - May 22

6-7pm

\$75 class fee

Section B

Thurs. March 10 - May 26

6-7pm

\$75 class fee

Dog Obedience II

Continue with the training of your basic obedience trained dog. This class is strictly for those dogs and owners that have successfully completed a beginning level class.

Section A

Sun. March 6 - May 22

7-8pm

\$75 class fee

Section B

Thurs. March 10 - May 26

7-8pm

\$75 class fee

ACTIVITIES

QUALITY LEISURE TIME

Fly Fishing

Flyfishing in Texas? A fun fly fishing workshop covering all the aspects of this fast growing sport. Learn how to fly cast and all about the equipment, flies, and gear needed to get started. This class is for the true beginner as well as those with some experience. A great way to learn the basics, gain valuable insight into the types of available equipment and have a great time.

Thurs. April 7 - May 12

6-8pm

\$45 class fee

Intro to Canoeing

A great class for the novice that is interested in learning the basics of canoe paddling. Learn the basic canoe stroke, how to outfit a canoe, basic safety and rescue, and how to have fun. Come prepared to have an enjoyable day at the lake and bring a sack lunch.

Saturday, April 2

9am - 3pm

\$25 class fee

Bird Watching

This course will give you the skills to identify a wide variety of birds. Field marks and the songs of our area birds and the birds that migrate through our area will be discovered in this course. There will be (2) optional class field trips on Sat. April 2 and April 16 to explore the spring migration of birds.

Mon. March 21, 28, April 11

7-8:30pm

\$35 class fee

Twirling for Kids

Twirling is a unique sport that teaches hand-eye coordination as well as balance and other athletic skills. Learn the basic techniques and skills to become an awesome twirler.

Mon. Feb 7 - April 25

Level I 3:15-4pm

Level II 4:15 - 5pm

Rock Prairie Elementary School

Tues. Feb 8 - April 19

4-5pm

Southwood Valley Elementary School

Wed. Feb 9 - April 20

Level I 3:15-4pm

Level II 4:15-5pm

Pebble Creek Elementary School

Thurs. Feb 10 - April 21

4-5pm

South Knoll Elementary School

\$75 class fee

Kickboxing

Learn the basics of the defense of kickboxing. Class will begin with stretching techniques and then progress to basic stances, strikes, basic defenses and strategies. Wear comfortable clothes and come prepared for an active participation class.

Wed. Feb 2 - March 9

7:30-8:30pm

\$25 class fee

Texas Hunter's Safety Certification Class

This course is required by Texas Parks & Wildlife to insure that all hunters are properly prepared for the hunting season. All hunters over the age of 12 must have successfully completed this hunter's safety course to hunt in Texas. Be sure to register early for class.

Section A Sat/Sun. Feb 12, 13

1-7pm

\$5 class fee & \$5 cert fee

Section B Sat/Sun. April 2, 3

1-7pm

\$5 class fee & \$5 cert fee

Heirloom Gardens and Interior Decor

Our Spring 2005 classes offer a wide array of gardening, landscape and interior design ideas. We are located at 2900 Old Wellborn Road in College Station. Trust our Texas Certified and Texas Master Certified Nursery Professionals to assist you with all of your gardening needs. Contact us at www.heirloomgardenexperts.com. or by phone at 695-2944. We look to serving you with our Spring 2005 class series.

Home Landscaping

This course will focus on landscape design concepts, drainage, soil types, fertilizers, installation techniques, weed control and proper plant selection for our area. We will stroll through our own gardens and show you the plants selections in a growing habitat.

Section A Wed. Feb 2, 9
7-8:30pm

Section B Wed. March 9, 23
7-8:30pm

\$25 class fee

Perennial Favorites In Our Region

We would like to show you which perennials are homeowner friendly. Some perennials get too large and some stay too small. Some perennials varieties take a great deal of pruning while others are more low maintenance. Learn to select the perennial varieties that are insect and disease resistant and discover which ones will work best in our area.

Wed. April 20
7-8:30pm

\$15 class fee

All About Roses

Roses can be grown and appreciated right here in our area. The secret is to utilize the right choices that are on the market. We will also cover disease controls on those not so hardy varieties. We will stroll our own gardens to showcase some of our personal favorites. Antiques, hybrids, and old garden favorites will be here for your shopping convenience.

Wed. March 30
7-8:30pm

\$15 class fee

Vegetable Gardening

Vegetable gardening is for everyone. You can decide whether you want a traditional vegetable garden or a container garden, raised bed garden or an old fashioned backyard garden. Let the experts at Heirloom Gardens show you successful ways to make your garden grow and be productive.

Wed. March 2
7-8:30pm

\$15 class fee

Texas Natives and Other Unique Plants

The trend in landscaping is going back to using hardy plants and native specimens. Landscape design trends are using Texas native plants in both home and commercial plantings. Discover why this trend is becoming the normal way of designing and making your landscape more carefree.

Wed. April 13
7-8:30pm

\$15 class fee

Garden Ponds And Plants

Determine the proper location for your pond and learn the professional methods for installation. The use of rocks and water plants and certain fish can make your pond more successful. We will discuss pumps, hardware, design and installation. This class is a must for the backyard pond beginner and also for the experienced hobbyist.

Wed. May 18
7-8:30pm

\$15 class fee

Container Garden

We would like to give the tools necessary to allow you to create your own accent container gardens at home. We will help you select plants and teach you the proper care methods to allow your container plants to thrive in your landscape. We will showcase our methods of potting container gardens.

Wed. April 6
7-8:30pm

\$15 class fee

Seasonal Silks

Join Heirloom specialist Barbara Hardy as she will discuss and demonstrate the design principals with silk flowers. This workshop will use a different seasonal theme while using fruits and vegetables from the garden.

Wed. April 27
7-8:30pm

\$15 class fee

Lawn Solutions

You can have the best lawn on the block and we will show you how. Fertilizer is not normally the answer. We will discuss fungal diseases and other pest problems that can make your green space dull.

Wed. May 11
7-8:30pm

\$15 class fee

Spring Silk Design

Join Barbara Hardy in a workshop that covers the design principals with silk flowers. Learn the basics to create your own silk arrangements and wow your guests with your design ability.

Wed. Feb 23
7-8:30pm

\$15 class fee

Tennis Lessons

Session I Jan 17 - Feb 10
Session II Feb 14 - March 10
Session III March 21 - April 14

Beginner Team Tennis

T/Th, 6:05-7:05pm

Intermediate Team Tennis

T/Th, 4:30 -6pm

Advanced Team Tennis

T/Th, 7:10-8:40pm

Adult Beginner Team Tennis

M/W, 5:30-7pm

Adult Intermediate Team Tennis

M/W, 7-8:30pm

Adult Advanced Team Tennis

M/W, 7-8:30pm

\$50 class fee per session

Water Fitness

Stretching, toning, strengthening and aerobic exercise all without getting your hair or face wet. Great for all ages.

M - F 9-10am M/T/Th 7-8pm

Come to as many classes as you wish

Winter Pass is \$60 (Dec, Jan, Feb)

Spring Pass is \$80 (Mar, Apr, May)

Learn To Swim Swimming Lessons

Spring '05 Learn to Swim Program swimming lessons consist of several levels and we have classes for all children. Be sure to register early to ensure the appropriate class level for your children. Everyone needs to learn how to swim. Swimming is a life skill.

Session I Jan 17 - Feb 10

Session II Feb 14 - March 10

Session III March 21 - April 14

Frogs (I, II, III) \$30 class fee

M/W or T/Th 5:30pm or 6pm
(Frogs are for all 3, 4, and 5 year olds)

Minnows \$35 class fee

M/W 6:30pm
(MUST be at least 6 years to register)

Seahorses \$35 class fee

M/W or T/Th 6:30pm

Crocodiles \$35 class fee

T & Th 6:30pm

Dolphins \$35 class fee

T & Th 6:30pm

Water Safety (WSI) Instructor Course

This certification class will give you the skills and knowledge needed to teach with the Red Cross Learn to Swim program. All participants must be at least 16 years of age and have proficiency in all 6 Red Cross swim strokes. You must attend all class dates to be certified and eligible for employment. The City of College Station hires WSI certified instructors each summer with pay starting at \$8 hour. Plan now for your summer job. Call 764-3442.

Mon. March 2 7-8pm

Mon. March 7 5-10pm

M/W/F, March 21, 23, 28, 30

April 1, 4, 6, 8, 11, 13 6-9pm

\$40 class fee plus book fee

Lagoon Pool Events

Sat. April 16 Treasure Hunt

Sat. June 4th Sizzlefest

Sat. June 11 Aquatic Honor Roll

Sat. June 18 Picnic Party

Sat. June 25 Beach Bum Blast

Sat. July 4th July 4th Festival

Sat. July 16 Christmas in July

CSISD

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Education

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