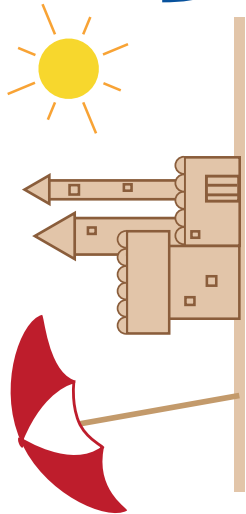


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h2 style="margin: 0;">Southwood Community Center</h2> <p style="margin: 0;">Facility Hours • Monday-Friday, 8 a.m.-5 p.m. Conveniently located in Brian Bachman Community Park</p> <div style="display: flex; justify-content: center; gap: 10px; margin-top: 10px;"> Class Fee Meeting Closure/Holiday Special Event </div>						<p>1 9-10 a.m. • Jamboree Line Dancing 9-11:30 a.m. • Bridge 10:30-11:30 a.m. • Line Dancing 12-1 p.m. • Sit & Fit 1:30-3 p.m. • Forevercise</p>	<p>2 6-11 p.m. • Starlight Music Series — Wolf Pen Creek Amphitheater cstx.gov/starlight</p>
<p>3</p>	<p>4 9:30-11:30 a.m. • Bridge Class 10:30-11:30 a.m. • Beginning Line Dance Workshop 12-1 p.m. • Sit & Fit 1:30-3 p.m. • Forevercise 2-5 p.m. • Watercolor I Class 6-9 p.m. • Watercolor II Class</p>	<p>5 8:30-9 a.m. • Walking Group 9-10 a.m. • Jamboree Line Dancing 10:30-11:30 a.m. • Line Dancing 12-1 p.m. • Sit & Fit 1:30-3:30 p.m. • Jam Session 3:30-4:30 p.m. • Beginner Mixed Martial Arts & Self Defense. RSVP: 979.764.6351 7-9 p.m. • Game Night</p>	<p>6 8:30-9 a.m. • Walking Group 9-11:30 a.m. • Learn to Play 42 9:30-11 a.m. • Computer Club for Seniors 1:30-3 p.m. • Forevercise</p>	<p>7 8:30-11:30 a.m. • 42 Dominoes 9-11:30 a.m. • Mah Jongg 12-1 p.m. • Sit & Fit 3:30-4:30 p.m. • Beginner Mixed Martial Arts & Self Defense RSVP: 979.764.6351</p>	<p>8 9-10 a.m. • Jamboree Line Dancing 9-11:30 a.m. • Bridge 10:30-11:30 a.m. • Line Dancing 12-1 p.m. • Sit & Fit 1:30-3 p.m. • Forevercise</p>	<p>9 6-11 p.m. • Starlight Music Series — Wolf Pen Creek Amphitheater cstx.gov/starlight</p>	
<p>10</p>	<p>11 9:30-11:30 a.m. • Beginning Bridge Class 10:30-11:30 a.m. • Beginning Line Dance Workshop 12-1 p.m. • Sit & Fit 1:30-3 p.m. • Forevercise 2-5 p.m. • Watercolor I Class 6-9 p.m. • Watercolor II Class</p>	<p>12 8:30-9 a.m. • Walking Group 9-10 a.m. • Jamboree Line Dancing 10-11:30 a.m. • “Environmental Effects on Seniors” RSVP: 979.764.6351 10:30-11:30 a.m. • Line Dancing 12-1 p.m. • Sit & Fit 1:30-3:30 p.m. • Jam Session 3:30-4:30 p.m. • Beginner Mixed Martial Arts & Self Defense. RSVP 979.764.6351 7-9 p.m. • Game Night</p>	<p>13 8:30-9 a.m. • Walking Group 9-10:30 a.m. • Learn to Play 42 12:30-1:30 p.m. • “Tea Talk” with Ms. Susan Lehr. Learn and sample different types of tea. RSVP: 979.764.6351 1:30-3 p.m. • Forevercise</p>	<p>14 8:30-11:30 a.m. • 42 Dominoes 9 a.m. • 2.2-mile legacy walk from the Lincoln Recreation Center to the George Bush Presidential Library and Museum. 9-11:30 a.m. • Mah Jongg 12-1 p.m. • Sit & Fit 1:30-2:30 p.m. • NEW Beginner Tap Dance by Sue Engbrock 3:30-4:30 p.m. • Beginner Mixed Martial Arts & Self Defense RSVP 979.764.6351</p>	<p>15 9-10 a.m. • Jamboree Line Dancing 9-11:30 a.m. • Bridge 10:30-11:30 a.m. • Line Dancing 12-1 p.m. • Sit & Fit 1:30-3 p.m. • Forevercise RSVP for Lunch Lecture: 979.764.6371</p>	<p>16</p>	
<p>17 Father’s Day</p>	<p>18 9:30-11:30 a.m. • Beginning Bridge Class 10:30-11:30 a.m. • Beginning Line Dance Workshop 12-1 p.m. • Sit & Fit 1:30-3 p.m. • Forevercise 2-5 p.m. • Watercolor I Class 6-9 p.m. • Watercolor II Class</p>	<p>19 8:30-9 a.m. • Walking Group 9-10 a.m. • Jamboree Line Dancing 10:30-11:30 a.m. • Line Dancing 12-1 p.m. • Sit & Fit 1:30-3:30 p.m. • Jam Session 3:30-4:30 p.m. • Beginner Mixed Martial Arts & Self Defense. RSVP 979.764.6351 6:30-8:30 p.m. • Praises at the Pavilion — W.A. Tarrow Pavilion 7-9 p.m. • Game Night</p>	<p>20 8:30-9 a.m. • Walking Group 9-11:30 a.m. • Learn to Play 42 9:30-11 a.m. • Family History Computer Group - Carter Creek Training Room 11:30 a.m.-1 p.m. • Exploring History Lunch Lecture “College Station Library System” by Larry Ringer (\$7/person) RSVP: 979.764.6351 1:30-3 p.m. • Forevercise</p>	<p>21 8:30-11:30 a.m. • 42 Dominoes 9-11:30 a.m. • Mah Jongg 12-1 p.m. • Sit & Fit 1-3 p.m. • Movie & Popcorn 1:30-2:30 p.m. • NEW Beginner Tap Dance by Sue Engbrock 3:30-4:30 p.m. • Beginner Mixed Martial Arts & Self Defense RSVP 979.764.6351</p>	<p>22 9-10 a.m. • Jamboree Line Dancing 9-11:30 a.m. • Bridge 10:30-11:30 a.m. • Line Dancing 12-1 p.m. • Sit & Fit 1:30-3 p.m. • Forevercise</p>	<p>23</p>	
<p>24</p>	<p>25 9:30-11:30 a.m. • Bridge Class 10:30-11:30 a.m. • Beginning Line Dance Workshop 9:30-11 a.m. • Senior Advisory Board Committee Meeting 12-1 p.m. • Sit & Fit 1:30-3 p.m. • Forevercise 2-5 p.m. • Watercolor I Class 6-9 p.m. • Watercolor II Class</p>	<p>26 8:30-9 a.m. • Walking Group 9-10 a.m. • Jamboree Line Dancing 10-11 a.m. • “Exercise your Brain” by Kasey Boykin 10:30-11:30 a.m. • Line Dancing 12-1 p.m. • Sit & Fit 1:30-3:30 p.m. • Jam Session 3:30-4:30 p.m. • Beginner Mixed Martial Arts & Self Defense. RSVP 979.764.6351 7-9 p.m. • Game Night</p>	<p>27 8:30-9 a.m. • Walking Group 9-11:30 a.m. • Learn to Play 42 1:30-3 p.m. • Forevercise</p>	<p>28 8:30-11:30 a.m. • 42 Dominoes 9-11:30 a.m. • Mah Jongg 12-1 p.m. • Sit & Fit 1:30-2:30 p.m. • NEW Beginner Tap Dance by Sue Engbrock 3:30-4:30 p.m. • Beginner Mixed Martial Arts & Self Defense RSVP 979.764.6351</p>	<p>29 9-10 a.m. • Jamboree Line Dancing 9-11:30 a.m. • Bridge 10:30-11:30 a.m. • Line Dancing 12-1 p.m. • Sit & Fit 1:30-3 p.m. • Forevercise 1:30-2:30 p.m. • Bingo & Birthday Celebration</p>	<p>30</p>	



JUNE 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>Lincoln Recreation Center</h2> <p>FACILITY HOURS: Monday-Friday, 9 a.m.-1 p.m.</p> <p>Hot meals served daily at 11:30 a.m. for ages 60+ with a completed intake form.</p> <p> Class Fee Meeting Closure/Holiday Special Event </p>						
3	4 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 11-11:30 a.m. • Card Games and Dominoes 11:30 a.m.-12:45 p.m. • Hot Lunch	5 9-10 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 10-11:30 a.m. • Forevercise 11:30 a.m.-12:45 p.m. • Hot Lunch	6 9-10:30 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 10:30-11 a.m. • “Keys to Embracing Aging: Laughter, The Best Medicine” presented by Texas A&M AgriLife Extension 11:30 a.m.-12:45 p.m. • Hot Lunch	7 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 9:30-10:30 a.m. • Bible Study Class 10:30-11 a.m. • “Keys to Embracing Aging: Taking Time for You” presented by Texas A&M AgriLife Extension 11:30 a.m.-12:45 p.m. • Hot Lunch RSVP DUE for Father’s Day Luncheon: 979.764.3779	8 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 10:30-11:30 a.m. • Table Games 11:30 a.m.-12:45 p.m. • Hot Lunch Birthday: Mari Mes	9 6-11 p.m. • Starlight Music Series at Wolf Pen Creek Amphitheater CSTX.GOV/STARLIGHT
10	11 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 10-11:30 p.m. • Card Games & Dominoes 11:30 a.m.-12:45 p.m. • Hot Lunch	12 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 11:30 a.m.-12:45 p.m. • Hot Lunch	13 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 10-11:30 p.m. • Play Dominoes 11:30 a.m.-12:45 p.m. • Hot Lunch	14 9 a.m. • Freedom Walk: 2.2-mile legacy walk from the Lincoln Recreation Center to the George Bush Presidential Library and Museum. 9:30-10:30 a.m. • Bible Study Class 10:30-11:30 a.m. • Forevercise 11:30 a.m.-12:45 p.m. • Hot Lunch	15 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 9-11 a.m. • Game of your Choice 11 a.m.-1 p.m. • Father’s Day Luncheon	16
17 Father’s Day	18 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 10-11:30 a.m. • Dominoes & TV 11:30 a.m.-12:45 p.m. • Hot Lunch	19 9-10 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 11-11:30 a.m. • Forvercise 11:30 a.m.-12:45 p.m. • Hot Lunch 6:30-8:30 p.m. • Praises at the Pavilion: W.A. Tarrow Pavilion	20 9-10:30 a.m. • Walk in Gym, Weight room, Bike or Treadmill 10:30-11:30 a.m. • Card Games, TV & Dominoes 11:30 a.m.-1 p.m. • Exploring History Lunch Lecture “College Station Library System” by Larry Ringer (\$7/person) - Southwood Community Center RSVP: 979.764.6351 11:30 a.m.-12:45 p.m. • Hot Lunch	21 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 9:30-10:30 a.m. • Bible Study Class 11:30 a.m.-12:45 p.m. • Hot Lunch Birthday: Earnestine Jackson	22 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 10:30-11:30 a.m. • Card Games, TV & Dominoes 11:30 a.m.-12:45 p.m. • Hot Lunch	23
24	25 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 10-11:30 a.m. • Card Games & Dominoes 11:30 a.m.-12:45 p.m. • Hot Lunch	26 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 11:30 a.m.-12:45 p.m. • Hot Lunch Served	27 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 10-11:30 a.m. • Dominoes, Bid Whiz & Puzzles 11:30 a.m.-12:45 p.m. • Hot Lunch Served	28 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 9:30-10:30 a.m. • Bible Study Class 10:30-11:30 a.m. • Forevercise 11:30 a.m.-12:45 p.m. • Hot Lunch Served 7-9 p.m. • Summer Dance — Southwood Community Center	29 9-11 a.m. • Walk in Gym, Weight Room, Treadmill or Bike 10:30-11 a.m. • “Keys to Embracing Aging: Sensory Loss” presented by Texas A&M AgriLife Extension 11 a.m.-1 p.m. • Monthly Birthday Party	30