



# START SMART YOUTH BASKETBALL DETAILS

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## REGISTRATION

- Aug. 24 – Feb. 1. \$50 per child
- Register online at [rectrac.cstx.gov](http://rectrac.cstx.gov) or visit Stephen C. Beachy Central Park at 1000 Krenek Tap Road. No residency restrictions

## VOLUNTEERS

- Volunteers Form: [cstx.gov/sportsvolunteer](http://cstx.gov/sportsvolunteer)
- All volunteers will be background checked

## AGE LIMIT

- Child must be between ages 3 years and 5 years old by Jan. 1, 2016

## LEAGUE FORMAT

- The Start Smart Basketball Program is designed to help children ages 4-5 develop the basic motor skills necessary to play organized basketball while working one-on-one and spending time with their parents. The program focuses on teaching children and their parent's basic sports mechanics without the threat of competition or fear of injury. Start Smart is based on a six-week course, with each session progressively becoming more difficult as children show improvement.
- Teams will **NOT PLAY GAMES**, only scrimmages
- Players will receive a Start Smart players book to follow their progress
- Jerseys and a basketball will be provided for all participants

## LOCATION

- All practices and games will be played throughout CSISD gyms and the Lincoln Center if necessary
- Gym locations will vary depending on age and availability
- You cannot request a specific location

## SESSIONS

- Sessions will begin at 6:10 p.m. on your designated night
- Sessions begin the week of Jan. 26
- Sessions will last for six weeks

## PARENT ORIENTATION

- Meet the first day of your session

## WEBSITE

- League information: [cstx.gov/sports](http://cstx.gov/sports)
- Schedules: [teamsideline.com/collegestation](http://teamsideline.com/collegestation)

## STAFF

- Recreation Supervisor – Athletics, Gene Ballew, [gballew@cstx.gov](mailto:gballew@cstx.gov), 979.764.3424